



Coach,

In the first legislative session of 2011, the state of Utah passed House Bill 204: Protection of Athletes with Head Injuries. In March of 2011, Governor Herbert signed the bill into law.

Each amateur sports organization shall:

1. Adopt and enforce a concussion and head injury policy that:
  - a. is consistent with the requirements of Utah Code Section 26-53-301 ; and
  - b. describes the nature and risk of:
    - i. a concussion or a traumatic head injury; and
    - ii. continuing to participate in a sporting event after sustaining a concussion or a traumatic head injury;
2. Ensure that each agent of the amateur sports organization is familiar with, and has a copy of, the concussion and head injury policy; and
3. Before permitting a child to participate in a sporting event of the amateur sports Organization:
  - a. provide a written copy of the concussion and head injury policy to a parent or legal guardian of a child; and
  - b. obtain the signature of a parent or legal guardian of the child, acknowledging that the parent or legal guardian has read, understands, and agrees to abide by, the concussion and head injury policy.

The Utah Lady Grizzlies place the safety of our players first and foremost above all other concerns. Accordingly the Policies and Procedure have been developed to protect our athletes and to comply with Utah Law.

Traumatic Brain Injury, including but not limited to concussions, is a serious medical condition. While we all hope that better protection, more enforcement of by referees regarding head contact will reduce such injuries these injuries cannot be eliminated. HB 204 and the policies of the Utah Lady Grizzlies are designed to better recognize such injuries, remove the player from the event and obtain proper medical clearance prior to resuming hockey.

The Utah Lady Grizzlies strongly recommends that each player obtain a pre-concussion test. These are relatively inexpensive computer based questionnaires that the player takes (about 30 minutes) then retakes after a suspected brain injury/concussion. Players may take the results with them. This Pre-Concussion Testing was offered near the beginning of the current season.

By signing below you acknowledge that you have read and fully understand section 7 of the Utah Lady Grizzlies Policies and Procedures (found a [www.utahladygrizzlies.org](http://www.utahladygrizzlies.org)) and any participant suspected of a brain injury/concussion as defined in Section 7 will be immediately prohibited from further participation and that written clearance from a medical professional must be obtained prior to resuming participation. All coaches signing this also acknowledge they have completed the online concussion training offered by the CDC [http://www.cdc.gov/concussion/HeadsUp/online\\_training.html](http://www.cdc.gov/concussion/HeadsUp/online_training.html).

Coach Name: \_\_\_\_\_

Coach Name: \_\_\_\_\_

Coach Signature: \_\_\_\_\_

Date: \_\_\_\_\_